

A new dawn in predicting brain disease aggravation

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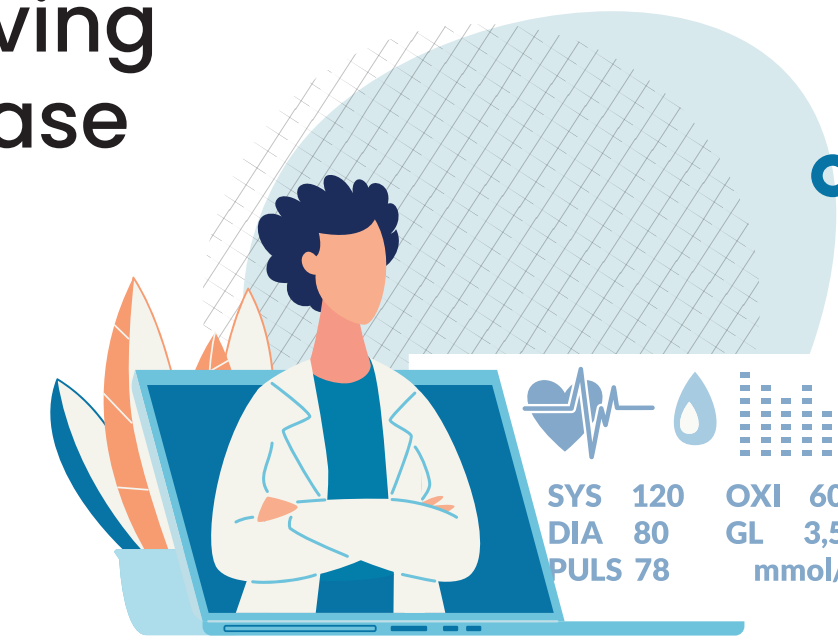
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Objectives

The care of patients with brain disorders is complex and manifestations can seriously impair the quality of life of patients and their caregivers. **ALAMEDA** is a research project, involving **15 international partners**, encompassing three pilot studies in 3 sites, one for each disease (Greece for **Parkinson disease**, Italy for **Multiple Sclerosis**, Romania for **Stroke**).

The objective of ALAMEDA is to **develop innovative methods and technologies for patient monitoring**, in the case of neurological diseases which require a constant evaluation of the evolution due to variability of symptoms and high possibility of worsening or relapsing.



Materials and methods

Using a multi-structured approach by engaging the patients, the caregivers and the medical practitioners in the research mission, we created **Local Community Groups** (8 members from **Greece**, 12 members from **Italy**, 12 members from **Romania**) and applied the Shared Decision-Making model by organizing round-table interviews and circulating questionnaires.



Results

After analyzing the questionnaire responses offered by the Romanian participants, the results could be summarized as follows:



36,4% of the patients preferred to **receive notification to fill out the questionnaires at any time of day**, repeatedly, until they offered all the answers



45,5% of the patients preferred to **offer data unrelated** to the disease through a standard questionnaire



90,9% of the patients considered that the **ALAMEDA conversational agent** can be used to collect also data about non-disease related factors from the caregivers



45,5% of the patients **preferred to wear the specific devices during home exercises** and, in equal number of cases, 27% preferred to either **wear the devices during physical therapy sessions** or to have the possibility of deciding between the two options

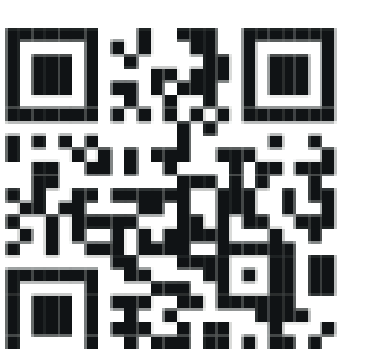
Conclusions



We decided to present this project in order to highlight the first steps made in order to achieve a **personalized rehabilitation treatment** and an improved management of a clinical status likely to aggravate in patients with **Stroke**, **Parkinson disease** and **Multiple Sclerosis**.



Bridging the Early Diagnosis and Treatment Gaps of Brain Diseases



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